

The human value of your donation

In 2024, 78 329 people in the Estrie benefited directly from it.

Consult the complete list of partner organizations, agencies and programs supported by Centraide Estrie on centraideestrie.com

\$20

Provides a person with a card entitling them to **2 meals a day** for a period of **one month** in a soup kitchen.

\$40

Gives an elderly person living below the poverty line the opportunity to participate in a **social activity**.

\$100

Allows a young person from a disadvantaged background to **access the activities** provided at youth centers.

\$200

Provides a **weekend of respite** for the family of an adult with physical, intellectual, or multiple disabilities.

\$500

Allows a community kitchen to offer **170 meals** to people living with food insecurity.



Centraide
Estrie



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Social investments

This year, Centraide Estrie supports:

73 community organizations
that receive grants to finance their mission:

\$1 183 070

+

11 social programs
that support vulnerable individuals:

\$553 517

+

9 collective projects
Their goal is to develop communities and improve the living conditions of people within their community:

\$265 000

=

93 \$2 001 587

Our 4 fields of action and their impacts



Support youth success

More than
5,201 teens

attended the **10 youth centers** supported by Centraide Estrie.



Take care of the essentials

10,716 kg of food

was diverted from landfills by the **"Bouchée Double" Collective Kitchens in Memphrémagog** — the equivalent of 10 African elephant calves!



Build caring communities



Although the organization was there for me when I needed it, I'm proud today that I no longer need it. Élixir is not an end in itself, but a stepping stone that guided my path and gave me back a sense of purpose.

Anabelle
(fictitious name)
Élixir
service user



Break social isolation

Thank you for listening to me in my distress. It really helped. Our follow-ups helped me realize that I'm a good person and that I have value — I didn't need to feel guilty for standing up for myself.

Lisette (fictitious name)
Dira Estrie service user



Make a donation of human value

To support us, find out if your workplace is already running a campaign for Centraide. Otherwise, donate through our website!

centraideestrie.com