

The human value of your donation

In 2022, 149 790 people in the Estrie benefited from it.

Consult the complete list of partner organizations, agencies and programs supported by Centraide Estrie on centraideestrie.com

\$30

Provides a person with a card entitling them to **2 meals a day** for a period of **one month** in a soup kitchen.

\$40

Gives an elderly person living below the poverty line the opportunity to participate in a **social activity**.

\$50

Provides a child with homework help for **a whole year**.

\$100

Allows a young person from a disadvantaged background to **access the activities** provided at youth centers.

\$200

Provides a **weekend of respite** for the family of an adult with physical, intellectual, or multiple disabilities.



**Centraide
Estrie**

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Social investments

This year, Centraide Estrie supports:

72 community organizations

that receive grants to finance their mission through the **Programme d'aide aux organismes**:

\$1 156 033

+

11 programs

that support vulnerable individuals:

\$629 175

+

8 agencies

through the **Bâtisseurs communautaires** program. Their goal is to develop communities, fight poverty and social exclusion, and improve the living conditions of people within their community:

\$72 000

=

91 \$1 857 208

Our 4 fields of action and their impacts



Support youth success

675 young people

from all over the Estrie were able to buy school supplies thanks to **Centraide Opération Septembre**.

A total of **\$19 346** was distributed through this program.



Take care of the essentials

28 142 meals

were served at Chaudronnée de l'Estrie, including **500 lunches**, thanks to the **Samedis de la Chaudronnée**, organized by Centraide, and **80 volunteers** from participating companies.



Build caring communities



It blows my mind how dedicated you are to my child's well-being. After feeling alone for years, I finally feel like someone understands me. I was at the point where I'd basically given up. I don't know what would have happened if you hadn't come into my life.

Luc
(fictitious name)
Parent who attends **Maison CALM**



Break social isolation

For me, Arrimage Estrie is an organization that lets low-income people get started down the important path of psychological support that will help them recognize and understand their issues—and take control of their destiny. The art therapy group has helped me regain control over my life.

Amélie (fictitious name)
Member of **Arrimage Estrie**



Make a donation of human value

To support us, find out if your workplace is already running a campaign for Centraide. Otherwise, donate through our website!

centraideestrie.com