

The human value of your donation

In 2021, 126 637 people in the Estrie benefited from it.

Consult the complete list of partner organizations, agencies and programs supported by Centraide Estrie on centraideestrie.com

\$30

Provides a person with a card entitling them to **2 meals a day** for a period of **one month** in a soup kitchen.

\$40

Gives an elderly person living below the poverty line the opportunity to participate in a **social activity**.

\$50

Provides a child with homework help for **a whole year**.

\$100

Allows a young person from a disadvantaged background to **access the activities** provided at youth centers.

\$200

Provides a **weekend of respite** for the family of an adult with physical, intellectual, or multiple disabilities.

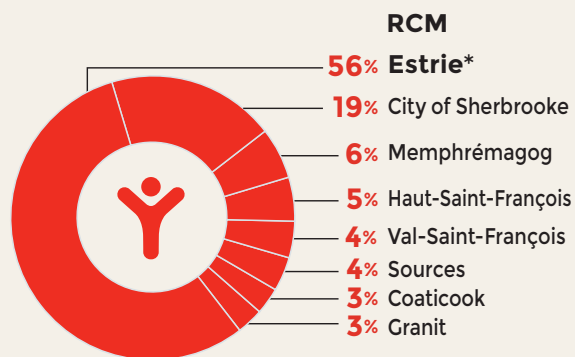


**Centraide
Estrie**

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centraideestrie.com   

Social investments



* Regional organizations

This year, Centraide Estrie supports

92 organizations, agencies and program

71 community organizations receive grants to finance their mission through the **Programme d'aide aux organismes**. **\$1 152 210**

10 agencies are financed through the **Bâtisseurs communautaires** program. Their goal is to develop communities, fight poverty and social exclusion, and improve the living conditions of people within their community. **\$120 000**

11 other programs that support vulnerable individuals are helped by Centraide Estrie. **\$689 783**

= \$1 961 993

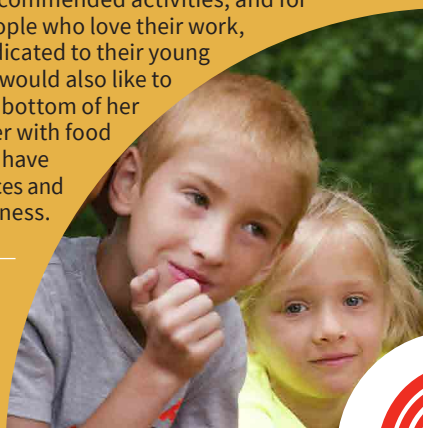
Our 4 fields of action and their impacts



Support youth success

I wanted to thank you for the last few years we spent together, for the recommended activities, and for getting to know people who love their work, people who are dedicated to their young people. My mother would also like to thank you from the bottom of her heart for helping her with food aid and helping me have many new experiences and overcoming my shyness.

Jayson
Member of
la Maison
Jeunes-Est



All organizations, agencies and programs supported by Centraide Estrie must be affiliated with one of these 4 fields of action:

Take care of the essentials



242 470 meals

have been distributed by the meals on wheels programs of 7 organizations funded by Centraide.



Build caring communities

2948 volunteers

have worked in 71 organizations supported by Centraide.



Break social isolation

Marthe
(fictitious first name)
Beneficiary of
DIRA Estrie



I felt misunderstood and on the brink of death all the time. No one was hearing me, or extending a helping hand. She (the worker) believed me and supported me, and provided me with a rock to hold on to for survival and the right to live. I had someone I could call in case of stress. Now someone listens and I don't have to waste time talking for no reason. Someone believed me and it saved my life.

Make a donation of human value

To support us, find out if your workplace is already running a campaign for Centraide. Otherwise, donate through our website!

centraideestrie.com