

# The human value of your donation.

In 2020, 121,585 people in the Estrie benefited from it.

The pandemic had significant consequences on the community network. Already in high demand, during normal times, organizations offering essential services—food security, assistance to seniors or mental health support—are facing major challenges today. That's why, Centraide Estrie is reaching out to those who can help.

**Let's stand together and spread mutual help!**

**Consult the complete list** of partner organizations, agencies and programs supported by Centraide Estrie on **centraideestrie.com**

**\$30**

Provides a person with a card entitling them to **2 meals a day** for a period of **one month** in a soup kitchen.

**\$40**

Gives an elderly person living below the poverty line the opportunity to participate in a **social activity**.

**\$50**

Provides a child with homework help for **a whole year**.

**\$100**

Allows a young person from a disadvantaged background to **access the activities** provided at youth centers.

**\$200**

Provides a **weekend of respite** for the family of an adult with physical, intellectual, or multiple disabilities.

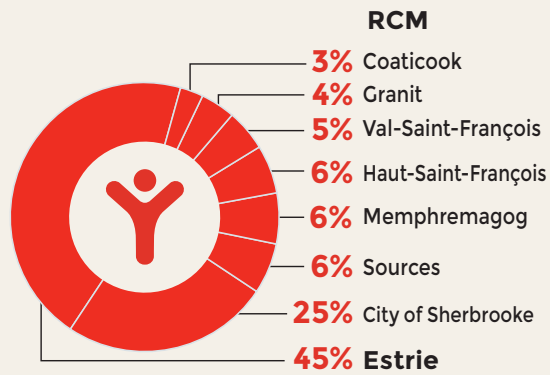


**Centraide  
Estrie**

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## Social investments



This year, Centraide Estrie supports

**89 organizations, agencies and program**

**68 community organizations** receive grants to finance their mission through the **Programme d'aide aux organismes**. **\$1 133 360**

**11 agencies** are financed through the **Bâtisseurs communautaires** program. Their goal is to develop communities, fight poverty and social exclusion, and improve the living conditions of people within their community. **\$107 448**

**10 other programs** that support vulnerable individuals are helped by Centraide Estrie. **\$434 718**

**= \$1 675 526**

## Our 4 fields of action and their impacts



**Support youth success**

**219 low-income families**

received financial assistance to purchase school supplies thanks to **Centraide Opération Septembre**. In total, \$17,940 was invested.



All organizations, agencies and programs supported by Centraide Estrie must be affiliated with one of these 4 fields of action:

**Take care of the essentials**



**19,000 overnight stays**

and 1,900 accommodation stays were offered at **Partage Saint-François**. They also served 30,000 meals and 10,000 lunch boxes.



**Build caring communities**

"Thank you very much, we really appreciated having the services and beautiful smiles of everyone at the **Maison de la famille Memphrémagog**. It is for this reason that we chose to spend 3 months in Magog. You really do a great job for the community, thank you for welcoming us."

- Tim (fictitious first name), newcomer parent



**Break social isolation**

"I felt alone at home with my children. But since I joined the group, I feel less alone. I can release my stress. In addition, I can leave my children at the drop-in center during the workshop."

- Anabelle (fictitious first name), participant at **Famille Espoir**



**Make a donation of human value**

To support us, find out if your workplace is already running a campaign for Centraide. Otherwise, donate through our website!

**centraideestrie.com**